

IF YOUR FRIEND OVERDOSES, WOULD YOU KNOW HOW TO HELP THEM?

NDAP

THE
MATTHEW
PROJECT



Change
Grow
Live



A FAST RESPONSE SAVES LIVES - KNOW THE **STEPS**

START 999 CALL

TRACK SYMPTOMS & USE NALOXONE IF AVAILABLE

ESTABLISH RECOVERY POSITION

PRIORITISE BREATHING, KEEP AIRWAYS CLEAR, MONITOR & CPR

STAY UNTIL HELP ARRIVES